



# The Spoke'n Word



## April, 2015



# Riverside Bicycle Club

Founded in 1891 P.O. Box 55160 Riverside, CA 92517 [www.Riversidebicycleclub.com](http://www.Riversidebicycleclub.com)

Join us for the

### CLUB MEETING

on the third Wednesday of each month at 7:00 p.m. at the



6951 Flight Rd. Riverside.

Come early, have a great meal

DEADLINE to submit for this newsletter is the 22nd of the month send to; [fodofixer@msn.com](mailto:fodofixer@msn.com)

### INSIDE THIS ISSUE:

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- 10, References & 2015 board
- 11, RBC Membership form

## THE EASLEY RIDE

Come join together to celebrate life  
On a bicycle. Any Bike, Anyone!

**FREE Community bike ride.**  
**April 4, 2015, 10am**

Hernandez Community Center, San Bernardino, Ca.

This ride will be

[In Loving Memory of William F. Easley.](#)

The IEBA will also be out before the ride at 8 AM with tools and a pump so that you can fix a flat, adjust your brakes, or do anything else necessary to roll!

Please register so IEBA can keep you informed about this ride and others and to also sign the waiver.

THANKS!

[http://www.iebikingalliance.org/content.aspx?page\\_id=87&club\\_id=961736&item\\_id=415525](http://www.iebikingalliance.org/content.aspx?page_id=87&club_id=961736&item_id=415525)



## General Information for Group Road-Rides

- Non-members are welcome on all rides.
- Helmets are mandatory.
- Lights are required on all night rides.
- Riders are expected to bring the essentials. *See list bottom right.*
- "Pace average" refers to the average on your computer at the end of a ride. If we say an average of 13 – 15 mph, you will be riding over 15 and under 13 at times, but the average at the end will be 13 – 15.
- All speed listed below are guidelines.

**A Group** – Ride lengths will be 45-60 miles with the pace averaging over 18 mph. Moderate to difficult terrain. Focus on performance, pace lining, climbing and endurance. Group riding experience, general mechanical skills expected.

**B Group** – Ride lengths will be 35-45 miles with the pace averaging 15-18 mph. Moderate to difficult terrain. Focus on performance development, pace lining and climbing. Group riding experience, general mechanical skills expected.

**C Group** – Ride lengths will be 25-40 miles with the pace averaging 13-15 mph. Mixture of flat/rolling hills with some moderate climbing. Riders should have group riding experience, basic bike handling and mechanical skill.

**D Group** – Ride lengths will be 20-35 miles with the pace averaging 11-13 mph. Mixture of flat/rolling hills with some moderate climbing. Regroup as necessary.

**E Group** – Ride lengths will be 15-25 miles in length. The pace will be according to the riding abilities of those riding that day. Some riding skills and comfort with road traffic involved. New riders always welcome and a good place to start. Assistance and instruction will be provided in basic skills of fixing flats, bike handling, and group riding. Regroups often.

*Be prepared to start on time and have an enjoyable ride. Then stick around to enjoy a soda or snack and good company after the ride.*

### Contact:

Road Ride Chair: OPEN

Team Dirty Work: Rhett (Doc) Nelson  
(909) 229-6576,  
[rhett.nelson@icloud.com](mailto:rhett.nelson@icloud.com)



Weekend road rides start;  
8:00 Winter and 7:30 Summer.  
*Please check the Ride Calendar page 3,  
or website for exact dates & times*

**Sunday** is the best day to come ride the streets with us. We have 5 levels for you to choose; from fast-and-furious to cruising for coffee. Look for the cyclists on the Pedestrian Mall at 9th St. Park on University Av or at the old court house downtown Riverside.

**SATURDAY, TWO GROUPS NOW!**  
Saturday rides still leave from Canyon Crest Towne Center. Meet behind Starbucks by the East Coast Bagel shop.

- ◆ **Fast group;** 16-18 mph to Redlands.
- ◆ **New group; 11-15 mph varied routes.**

**Tuesday & Thursday** evening rides meet at Baker's Burgers at 3522 Adam's Plaza, Adams Exit off 91 Frw. This ride usually has 3 groups.

- ◆ **Fast Group;** 25ish miles, 16 & up mph
- ◆ **Medium;** 20ish miles, 15ish mph.
- ◆ **Not as Fast;** 15ish miles, 11ish mph

Night rides will vary throughout the year depending on amount of daylight, number of riders and skill level.



TEAM DIRTY WORK is the mountain bike side of the Riverside Bicycle Club. All mountain bikers are welcome. Generally, almost all reasonably fit people can enjoy riding with Team Dirty Work. We offer a variety of rides each week. This is a great way to get involved in a mountain biking group. We enjoy having new riders join us.

Most of our rides start in the Canyon Crest Towne Center Parking lot in front of Rite Aid near Bank of America (corner of Central and Canyon Crest Drive). These rides are approximately 2 hours long through the Sycamore Canyon area. Some weekends, bicycles are transported to other locations to ride. Please call R.C. Morton at 909-784-0459 for any last minute updates. Or visit <https://www.facebook.com/groups/teamdirtywork/>

Our mountain bike group rides are held each **Saturday & Sunday** morning. These rides are for experienced beginners and intermediates to advanced dirt riders. Evening rides are held on **Tuesday and Thursday** starting at 6:00 pm. and are designed for the more advanced dirt junkie.

## Lights are required for night rides!

### ESSENTIALS for riding with RBC

- ◆ **CYCLING HELMETS ARE REQUIRED ON EVERY RIDE!**
- ◆ **CELL PHONE**
- ◆ **2 WATER BOTTLES OR HYDRATION PACK** and/or energy drink
- ◆ **FLAT FIXERS** (spare tubes, patch kit, tire irons and a pump or CO2)
- ◆ **RIDE FOOD** (energy bars, energy gel or snacks and some cash)
- ◆ **ID CARD AND EMERGENCY INFORMATION CARD**
- ◆ **YOU AND YOUR BIKE** (both in safe working condition)

# April 2015

Sun      Mon      Tue      Wed      Thu      Fri      Sat

			1 no fooling, NEW RBC evening rides from Goodwin's	2 RBC & TDW eve- ning rides	3	4 RBC & TDW morning rides & Easley memorial
5 RBC & TDW morning rides	6	7 RBC & TDW eve- ning rides	8 NEW RBC evening rides from Goodwin's	9 RBC & TDW eve- ning rides	10	11 RBC & TDW morning rides & Beginner's ride
12 RBC & TDW morning rides	13	14 RBC & TDW eve- ning rides	15 <b>CLUB MEETING</b>	16 RBC & TDW eve- ning rides	17	18 RBC & TDW morning rides & Diamond Lake
19 RBC & TDW morning rides	20	21 RBC & TDW eve- ning rides	22 NEW RBC evening rides from Goodwin's	23 RBC & TDW eve- ning rides	24	25 RBC & TDW morning rides & Flower show ride
26 RBC & TDW morning rides & Flower show ride	27	28 RBC & TDW eve- ning rides	29 NEW RBC evening rides from Goodwin's	30 RBC & TDW eve- ning rides		

*Oct through April weekend rides start at 8:00 a.m. May-Sept 7:30 a.m. unless otherwise posted.*

*\*\* (TDW) Team Dirty Work, Mountain-bike rides from B of A, every Tuesday & Thursday evenings and Saturday & Sunday mornings. And  
\* (RBC) Road group rides also every Tuesday & Thursday evening from Baker's and Saturday & Sunday mornings from Downtown, see page 2*

## UPCOMING EVENTS

- *RBC CLUB MEETING* are the 3rd Wednesday every month, 7:00 pm at D&D Airport Café, 6951 Flight Rd., Riverside, (951) 688-3337. Come early, get something to eat. Gather near the back windows. Non members are gladly welcome to our meetings!
- *Special Rides* announced on our web, the message board and at weekend rides.

4/4/15 William F. Easley Memorial Ride, 10am. Sponsored by IEBA, Hernandez Community Center, SBDO, CA

4/8-12 Redlands Bicycle Classic,

4/11/15 **RBC's** Beginner's / family Ride. 10AM, starts at Bonaminio Park on Palm Av near Mt. Rubidoux West parking lot.

4/15/15 RBC general meeting 7pm. Come early, have dinner with your friends at D&D Airport Café, see p1

4/18/15 RBC's ride around Diamond Valley Lake. 9AM, 22 miles on hard-packed dirt. See page 5

4/25-26 Flower Show & Gardens BIKE RIDE, 25m, 8am starts at Pedals bike shop, 3765 Jurupa Ave. # L.

See page 5 for more details.

5/9/15 RBC's SAG on SART, 9-12pm. On Santa Ana River Trail west of Bonaminio Park,

5/9/15 **RBC's** Beginner's / family Ride. 10AM, starts at Bonaminio Park on Palm Av near Mt. Rubidoux West parking lot.

5/15/15 Bike to Work Day, <http://www.cute-calendar.com/event/national-bike-to-work-day/13861.html>

5/20/15 RBC general meeting 7pm. Come early, have dinner with your friends at D&D Airport Café, see p1

5/22-25 Great Western Bicycle Rally, the most fun you will ever have on a bicycle!

6/20-15 RBC's Queen Mary ride, 35m from Huntington beach to Queen Mary and back

9/26/15 RBC's Smog to Surf, multiple start locations. More info soon.

# WHAT'S HAPPENING



## A note from the president, April, 2015

At this last month's club meeting we had a great opportunity to have a glimpse into what cycling is like in the Netherlands. I would like to thank the IEBA for their presentation. We have added a projector to our bag of tricks so if you have a multimedia presentation that you would like to have at a club meeting, we are ready and able. Paul also shared with us about the Riverside Gardens Ride that starts at Pedals Bike Shop. There was also much fun had by all. Don't forget, please, send Vicki any pictures you have from rides or special events that you would like in the newsletter or in the slideshow at the end of the year.

*written by, John Hawksley*

# New Wednesday night rides

Start time, 6:30PM    Fixed route, 23m, 1400ft climbing.  
Start location, Goodwins Market,  
191 West Big Springs Road, Riv. 92507  
**ANOTHER OPPORTUNITY TO RIDE!**

We are proud to announce the  
**NEW RIDE LEADER**  
for Saturday's 11-15 mph group

# JOHN REECE

And his wife Lisa



# WHAT'S HAPPENING



Join us April 18th for a ride around Diamond Valley Lake in Hemet. The 22 mile route is over dirt roads best ridden on a mountain bike. This is a beautiful ride, and wildflowers should still be on the hills in April, making it even more scenic. Parking is \$7 per vehicle, and there is a \$2 trail charge per rider. Water and food is not available on the trail, bathrooms are, so pack provisions accordingly. The ride will be self paced, with a gathering time at 8:30 in the parking lot.

**SAVE THE DATE**

68th Annual Riverside Community

**FLOWER  
SHOW &  
GARDEN  
TOURS**

"Ocean of Blooms"

Saturday, April 25, 2015

Gardens 10 am - 4 pm • Show 1 - 6 pm  
(Maps & Tickets available at Elks Lodge at 9 am Sat.  
Flower Show opens at 1 pm)

Sunday, April 26, 2015

Gardens and Show 10 am - 4 pm

Flower Show at the Elks Lodge  
6166 Brockton Ave. Riverside  
**plus 6 Private Gardens**

\$10 Presale or \$12 donation at the door  
Children under 16 FREE with paying adult  
Presale locations listed on the website

**FOR MORE INFO GO TO: [RiversideFlowerShow.info](http://RiversideFlowerShow.info)  
OR CALL 951-777-0746**

Tired of the same old rides?

Tour the Gardens ON YOUR BIKE with Paul on Saturday or Jason on Sunday

<http://riversideflowershow.info/>

Meet at Pedals Bike at 8:00AM. April 25 & 26 Enjoy a beautiful 25 mile ride in Riverside to see some of the most gorgeous gardens ever! Pedals will be giving out patch kit & tire levers while supplies last. There are no climbs on this ride and several stops along the way with at least one Starbucks on the route.

Lots of fun after the ride too. View about 500 flowers and plants on exhibit at the garden show. Loads of vendors and the Elks are hosting a super yummy BBQ. For more info contact; **Pedals Bike Shop**, (951) 683-5343, 3765 Jurupa Ave. # L. Riverside, CA 92506, [www.pedalsbikeshop.com](http://www.pedalsbikeshop.com)

If you have already ordered online do not fill out this order form or you will be billed twice.  
You may give this to VP Bob Lopez, or mail to;  
**Riverside Bicycle Club, JERSEY ORDER, P.O. Box 55160, Riverside, Ca 92517-0160**

# JERSEY ORDER FORM

## ORDER DEADLINE -- APRIL 15th.

The Riverside Bicycle Club is proud to announce  
we now have four jersey options at only \$55.

Mark all that you are purchasing. Please print your information so we may contact you when  
the jerseys arrive. You will be notified and billed at that time.

**Important**, your order will not be processed without contact information.

Please allow about 6 week lead-time.

Name \_\_\_\_\_ Phone \_\_\_\_\_

Email \_\_\_\_\_

Please state; Size ( small to 3X ) , Quantity and if you want Men's or Women's.  
**Any questions, contact VP Bob Lopez at (714) 720-9541, or [rplopez@sbcglobal.net](mailto:rplopez@sbcglobal.net)**

----- **HERE IT IS !!!** -----  
**SPECIAL LIMITED EDITION JERSEY**  
----- **"R" JERSEY** -----

Created by Deron Lien

I am ordering the "R" jersey; \_\_\_\_\_



**RBC TRADITIONAL JERSEY**

This is the Official club jersey,  
a MUST HAVE!

I am ordering the Traditional Jersey; \_\_\_\_\_



**THE PINK JERSEY**

"Pink" not just for girls.

I am ordering the Pink jersey; \_\_\_\_\_



**RETRO RED**

Go Retro with a blast from the past!

I am ordering the Retro Red Jersey; \_\_\_\_\_



# THE ORIGINS and HISTORY of CICLOVIA MOVEMENT

Ciclovía, literally “bike path” in Spanish, is a ground-breaking event that started in Bogotá, Colombia. This weekly event draws more than 1.5 million people to walk, bike, skate and enjoy more than 70 miles of streets opened to people – and closed to automobile traffic – every week.

Nearly 20 percent of this city’s population turns out every Sunday and holiday to participate in the 7 a.m. to 2 p.m. closures, which include unparalleled free recreation and social opportunities, including dance and yoga lessons in the city’s streets and local parks.

Bogotá has the distinction of hosting the biggest and longest-running Ciclovía in the world. Founded in 1976, it started small and grew in the 90’s under the Mayor and the Parks Director, Enrique and Guillermo Peñalosa. By 1996 it was recognized as the most important recreational activity in the country. The route was extended to 50 miles in 1997 and events to appeal to non-cyclists were added.

“Aerobics on the Way” soon began to attract new people to the Ciclovía and the City set a world record by having over 37,000 people performing aerobics on the same stage at one time. Activities for skaters and joggers were created to continue to widen the appeal.

Bogotá was careful when expanding their Sunday event to choose routes that connect neighborhoods. The original route was mostly centered on the northern end of the city.

Now the Ciclovía covers 70 percent of the 20 neighborhoods, with four loops through the city, enticing people to walk, skate, or cycle to other neighborhoods, visit friends and take their children to different neighborhood parks to play.

The ciclovía movement has a presence in the North America dating back over 25 years. Among the oldest, started in 1983, is Wayne County, Michigan’s “Saturday in the Park,” in which a six-mile stretch of the Edward Hines Parkway is closed to motorized traffic every Saturday from May through September. By the late 2000s, the concept had spread to a number of U.S. cities including Cleveland, Philadelphia, New York, and Portland, OR. Today, ciclovía-style events take place in over 30 communities around the U.S. and Canada.

PS. Ciclovía is in 8 cities in California, the newest in San Monica. Read the rest of the story at;  
<http://www.atlantastreetalive.com/the-origins/>

## GET WELL WISHES

to Shawn Rafferty. Shawn had a serious crash caused by a loose dog while riding in the B group on 3/22/15. Thank to all RBC members for helping in this time of need. Shawn was released from the hospital later that afternoon with a fractured jaw (wired closed) and a fractured vertebra. Luck was with Shawn because that injury could have paralyzed him from the neck down. Read the report of Face Book at, [https://www.facebook.com/groups/riversidebicycle-club/845921135444263/?notif\\_t=group\\_comment\\_reply](https://www.facebook.com/groups/riversidebicycle-club/845921135444263/?notif_t=group_comment_reply)

From IEBA Face Book, Mar. 23.  
[Inland Empire Biking Alliance](#)

## CICLAVIA



We have a list of goals that we want to accomplish in the next 3 years, one being an open street event. Sunday's CicLAvia in the Valley will hopefully wake our area up to the possibilities. We are even more open to [New Belgium Brewing's Tour de Fat](#) as it has been a proven success wherever it lands. Do you think we have what it takes in the IE to have this here someday? Perhaps Riverside, Rancho, Redlands or SB? Well for now we will have to head to SD to partake in the madness.



John sent in these pictures of the D group as they rode all over last month. **Top left**, the start of the ride. **Top right**, at the top of Sierra climb. Definitely a good time to snap a pic. **Bottom row**, Later in the ride, looks like it's just John and the girls. Hey, that last **pic Bottom right**, it is not John with a girl!... Maybe they both look so sad because they are not posing with girls, or maybe because the ride was over. Cheer up! There will be another ride next Sunday.

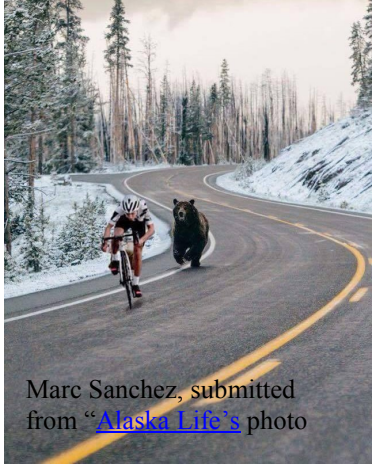
*Send in your pix and I'll fix them and maybe tell a whopper of a story. Hey, I've got to do something while this foot is healing (:*







Summer like weather ride to the beach. Glad we don't live in Alaska



Marc Sanchez, submitted from "[Alaska Life's](#) photo

SAG on SART went well. **Pic Top left**, Met lots of new bike friends and enjoyed the company of those RBC that stopped by to visit us at the RBC booth.

**Pic middle 2nd row.** "TUESDAY/THURSDAY evening rides are growing in popularity. Come out and ride with the fast, or, the not-so-fast group. It's still daylight when we start now, so come on! You'll have lots of fun!" says Tracy.

**Last 5 pix** are of the evening groups having a blast! TAKE PICTURES, SEND THEM IN! (:



Photo by, Nathan Rosete



Photo by, Nathan Rosete

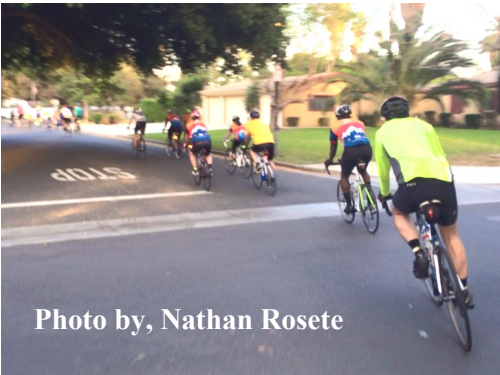


Photo by, Nathan Rosete



Photo by, David Cain

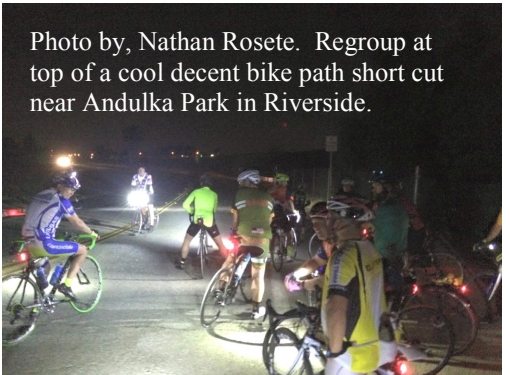


Photo by, Nathan Rosete. Regroup at top of a cool decent bike path short cut near Andulka Park in Riverside.

## Bicycle Shop Discounts

One of the advantages of being a member of the Riverside Bicycle Club is the courtesy discount on parts and accessories offered at participating local area bike shops. Please show your RBC membership card when you ask for the discount.

The following is a list of participating bike shops:

**AJ's Bicycles**, (951) 674-6161  
31861 Mission Trail, Lake Elsinore, CA  
[www.ajsbikes.com](http://www.ajsbikes.com)

**B-Rad's Bike Stop**, (951) 444-7353  
9022 Pulsar Court, Corona, CA 92883  
[www.B-RadsBikeStop.com](http://www.B-RadsBikeStop.com)

**Cyclery U.S.A., Inc.** [www.cycleryusa.com](http://www.cycleryusa.com)  
10000 Magnolia, Riverside, (951) 354-8444  
415 A Tennessee, Redlands, (909) 792-2444  
7890 Haven Ave. Suite 9, Rancho Cuca, (909) 466-5444

**Cyco-Path**, (951) 695-4823  
29760 Rancho California Rd., #107, Temecula, CA 92591  
<http://cycopath.com/index.cfm>

**Don's Bikes of Rialto**, (909) 875-7310  
384 S. Riverside Av, Rialto, CA  
[www.donsbikeshop.com](http://www.donsbikeshop.com)

**Neighborhood Cyclery**, (951) 485-0910  
12226 Heacock St. Moreno Valley, Ca 92557  
[www.neighborhoodcyclery.com](http://www.neighborhoodcyclery.com)

**Norco Cyclery**, (951) 808-9617  
1825 Hammer Suite H. Norco, CA

**Pedals Bike Shop**, (951) 683-5343  
3765 Jurupa Ave. # L. Riverside, CA 92506  
[www.pedalsbikeshop.com](http://www.pedalsbikeshop.com)

**White's Bikes**, (951) 242-4469  
23750 Alessandro Blvd. Moreno Valley  
<http://www.whitesbicycles.com>

**Woodcrest Bicycle Center**, (951) 780-4988  
16960 Van Buren Blvd. Riverside, CA

**Yucaipa Bike Center**, (909) 790-1551  
34844 Yucaipa Blvd. Yucaipa, CA  
<http://www.yucaipabikecenter.com>

FRIENDS of RBC  
Inland Empire Biking Alliance  
<http://iebikingalliance.org/>



## 2015 Board

**President;** John Hawksley  
(909) 653-BIKE [hawksley55@gmail.com](mailto:hawksley55@gmail.com)

**Vice President;** Bob Lopez  
(714) 720-9541 [rplopez@sbcglobal.net](mailto:rplopez@sbcglobal.net)

**Secretary;** Brad Markin  
(951) 675-0852 [nikram58@yahoo.com](mailto:nikram58@yahoo.com)

**Treasurer;** Andrea Evans  
(909) 645-4480 [Tennixxone@hotmail.com](mailto:Tennixxone@hotmail.com)

**Road Ride Chair;** OPEN

**Mountain Bike Chair;** Rhett (Doc) Nelson  
(909) 229-6576 [rhett.nelson@icloud.com](mailto:rhett.nelson@icloud.com)

**Public Relations;** Eric Lewis  
(951) 902-9019 [eric\\_denise@yahoo.com](mailto:eric_denise@yahoo.com)

**Membership;** Stirling Yearian  
(951) 505-0074 [rexgaloure@msn.com](mailto:rexgaloure@msn.com)

**Librarian;** Vicki Yearian  
(951) 943-1747 [fodofixer@msn.com](mailto:fodofixer@msn.com)

**Webmasters;** Stirling & Vicki Yearian, [fodofixer@msn.com](mailto:fodofixer@msn.com)

**TDW Webmaster:** Malcolm Bader, [Mbader@slauson.com](mailto:Mbader@slauson.com),

**Newsletter Editor:** Vicki Yearian,

[Fodofixer@msn.com](mailto:Fodofixer@msn.com) Deadline day after general meeting.

**Bike Lanes Representative:** Pete Staylor, [Dadswaycool@aol.com](mailto:Dadswaycool@aol.com)

**A Ride Leader.** Lovie Cason & Jim Bartlebaugh

**B Ride Leader:** John Grundman

**C Ride Leader:** Dale Wymer

**D Ride Leader:** John Hawksley

**E Ride Leader:** Ken Mogi, cell # (951) 313 6015

### Riverside Bicycle Club Affiliations

**IMBA** International Mountain Bike Association

**LAB** League of America Bicyclists

**Riverside County Trails Commission**

**USACYCLING** United States Cycling Federation

**Riverside County;** Mark Brewer, Park Planner, (951) 955-4316, Dan Nove, Asst Park Planner, (951) 955-6998  
**Riverside City;** Jenna Combs, Public Utilities Rep, (951) 826-5847, General Info or issues, (951) 826-5311 or 311 app  
**San Bernardino County, Regional Parks Dept.** Paul Krause, (909) 387-2346, (909) 384-2052 fax



# Membership Application

P.O. Box 55160, Riverside, CA 92517-0160

www.riversidebicycleclub.com



Membership in the Riverside Bicycle Club, Inc. is open to everyone. It is a fun way to meet others who share the enjoyment of cycling. Whether you are a seasoned racer, mountain biker or recreational rider, you will find others in the club that can help you achieve your goals to ride safer, faster, further, and smarter. We have multiple rides at different paces and terrain, off road rides, monthly membership meetings, and other social events throughout the year. Your RBC membership includes the monthly newsletter, The Spoke'n Word, and discounts at local bike shops. All memberships are for one year and are renewable on the anniversary date. Your membership fee helps to underwrite the expense of club insurance and registration, administrative expense (copying & postage for the newsletter and lots of other fun events throughout the year. So we thank you for your generous support of our club.

*(Please print clearly)*

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Email \_\_\_\_\_ Birth date \_\_\_\_/\_\_\_\_/\_\_\_\_

Your Phone (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ I.C.E. phone (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_  
*Incase of emergency*

**For Family Memberships, please list all names and birth dates of participants below; (up to 6)**

Name \_\_\_\_\_ (dob) \_\_\_\_\_

Name \_\_\_\_\_ (dob) \_\_\_\_\_

Name \_\_\_\_\_ (dob) \_\_\_\_\_

### Please check all that apply;

- Yes, it's OK to share this info with the Club.
- No, do not share my info.
- Yes, I am interested in being a ride leader.

### What are your biking interests?

- Road riding
- Mountain biking
- Touring
- Tandem
- Racing
- Single speed
- Velodrome
- Collecting
- Restoring
- Social riding

### How did you hear about us?

- Bike shop
- Web
- Friend
- Other \_\_\_\_\_

### HELMETS ARE REQUIRED ON ALL RIDES

**RELEASE:** With full knowledge and appreciation that bicycle riding may be a hazardous activity, I/we hereby release and hold harmless the Riverside Bicycle Club, Inc. Including prior to, during or after such activity. This release covers myself and all parties named herein, and all heirs, executors or administrators thereto, and is given in full awareness of its content and in consideration of acceptance of my/our membership. I/we also attest that I/we are physically fit and acknowledge that the Riverside Bicycle Club, Inc. recommends the wearing of an ANSI or Snell approved bicycle helmet when riding a bicycle during any club activity. I give my permission to Riverside Bicycle Club and outside media agents (newspapers, television, etc.) to take photographs, video, and otherwise document me in the activities of this club. I give permission for any photographs or video material to be used in publicity about the club and organization in or on website, promotional materials, newspaper/magazine articles, etc.

\_\_\_\_\_  
(Signature) (Date) (Spouse / other adult family member or legal guardian if under 18) (Date)

### DUES;

Individual.....\$30  
Family.....\$40  
Booster.....\$50

*("Booster" is an extra donation to support the club and you will receive a notation on your membership card.)*

The following options allow you to save \$5 but you must acquire the newsletter via the web.

Individual SAVER .....\$25  
Family SAVER .....\$35

**TOTAL ENCLOSED \$ \_\_\_\_\_**

Make Check Payable to;  
Riverside Bicycle Club  
and mail to;

**RBC Membership  
P.O. Box 55160  
Riverside, Ca. 92517-0160**

### Check answers;

- I'm a NEW member.
- I'm renewing.
- My info has changed.
- My info has not changed.

<i>OFFICE USE ONLY</i>	
CK # _____	ck date _____
Date received _____	
Card(s) issued _____	excel _____

**RIVERSIDE BICYCLE CLUB**  
*www.Riversidebicycleclub.com*

The Riverside Bicycle Club is for all bicyclists; commuters, off-road riders, recreational riders, tourists or just plain cyclists who ride a bicycle for fun, health, or competition, and anyone who interacts with them.

Our purpose is to provide companionship, bicycle education and training, and a bit of bicycle advocacy. To do this we will:

- Provide companionship by having monthly meetings for people with a love for bicycling who want to meet people with the same interests, to share ideas, to talk about ride routes and to discuss bicycling.
- Encourage participation of people who are interested in starting to ride a bicycle.
- Have educational programs to assure that bicyclists can enjoy their riding experience to the fullest.
- Publish a monthly newsletter (12 issues/year) to inform members of club activities, rides, and general bicycling information.
- Provide weekly rides of different levels, so that everyone can share the bicycling experience
- Advocate with local, regional, state and government agencies as to the needs of bicyclists, to encourage services for the bicycling community, and for inclusion of bicycling needs in infrastructure design and development of roads that can be shared by both motor vehicles and bikes.

The *Spoke'n Word* is the official publication of *The Riverside Bicycle Club, Inc.* **DEADLINE TO SUBMIT** for the newsletter is 22nd of the month. We are the oldest bicycle club west of the Mississippi. RBC was founded in 1891.

The *Spoke'n Word*, the voice of and for the cyclists of Riverside and surrounding communities, is published monthly and is mailed to all current club members.

Please send articles, comments, letters to:

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Contributions are always welcome. Bicycle graphics, clipart, cartoons, and serious stuff are the things that make *The Spoke'n Word* special.

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Leave it at your barber/beauty shop, the doctor's or dentist's office, wherever you think another cyclist will read it and discover the *Riverside Bicycle Club*. Photocopy it and pass it around.

**THE SPOKE'N WORD**



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