



The Spoke'n Word



February 2015



Riverside Bicycle Club

Founded in 1891 P.O. Box 55160 Riverside, CA 92517 www.Riversidebicycleclub.com

Join us for the **CLUB MEETING**

on the third Wednesday of each
month at 7:00 p.m. at the



6951 Flight Rd. Riverside.

Come early, have a great meal

DEADLINE to submit for this newsletter is the 22nd of the month
send to; fodofixer@msn.com

Happy Valentine's day



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TAKE YOUR SWEETIE FOR A RIDE

You better get permission from your wife before you ride your bike. LOL

General Information for Group Road-Rides

- Non-members are welcome on all rides.
- Helmets are mandatory.
- Lights are required on all night rides.
- Riders are expected to bring the essentials. *See list bottom right.*
- "Pace average" refers to the average on your computer at the end of a ride. If we say an average of 13 – 15 mph, you will be riding over 15 and under 13 at times, but the average at the end will be 13 – 15.
- All speed listed below are guidelines.

A Group – Ride lengths will be 45-60 miles with the pace averaging over 18 mph. Moderate to difficult terrain. Focus on performance, pace lining, climbing and endurance. Group riding experience, general mechanical skills expected.

B Group – Ride lengths will be 35-45 miles with the pace averaging 15-18 mph. Moderate to difficult terrain. Focus on performance development, pace lining and climbing. Group riding experience, general mechanical skills expected.

C Group – Ride lengths will be 25-40 miles with the pace averaging 13-15 mph. Mixture of flat/rolling hills with some moderate climbing. Riders should have group riding experience, basic bike handling and mechanical skill.

D Group – Ride lengths will be 20-35 miles with the pace averaging 11-13 mph. Mixture of flat/rolling hills with some moderate climbing. Regroup as necessary.

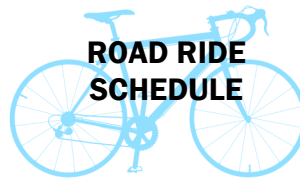
E Group – Ride lengths will be 15-25 miles in length. The pace will be according to the riding abilities of those riding that day. Some riding skills and comfort with road traffic involved. New riders always welcome and a good place to start. Assistance and instruction will be provided in basic skills of fixing flats, bike handling, and group riding. Regroups often.

Be prepared to start on time and have an enjoyable ride. Then stick around to enjoy a soda or snack and good company after the ride.

Contact:

Road Ride Chair: OPEN

Team Dirty Work: Rhett (Doc) Nelson
(909) 229-6576,
rhett.nelson@icloud.com



Weekend road rides start;
8:00 Winter and 7:30 Summer.
*Please check the Ride Calendar page 3,
or website for exact dates & times*

Sunday is the best day to come ride the streets with us. We have 5 levels for you to choose; from fast-and-furious to cruising for coffee. Look for the cyclists on the Pedestrian Mall at 9th St. Park on University Av or at the old court house downtown Riverside.

SATURDAY, TWO GROUPS NOW!
Saturday rides still leave from Canyon Crest Towne Center. Meet behind Starbucks by the East Coast Bagel shop.

- ◆ **Fast group;** 16-18 mph to Redlands.
- ◆ **New group; 11-15 mph varied routes.**

Tuesday & Thursday evening rides meet at Baker's Burgers at 3522 Adam's Plaza, Adams Exit off 91 Frw. starts 6:30PM Winter, and Summer This ride usually has 3 groups.

- ◆ **Fast Group;** 25ish miles, 16 & up mph
- ◆ **Medium;** 20ish miles, 15ish mph.
- ◆ **Not as Fast;** 15ish miles, 11ish mph

Night rides will vary throughout the year depending on amount of daylight, number of riders and skill level.



TEAM DIRTY WORK is the mountain bike side of the Riverside Bicycle Club. All mountain bikers are welcome. Generally, almost all reasonably fit people can enjoy riding with Team Dirty Work. We offer a variety of rides each week. This is a great way to get involved in a mountain biking group. We enjoy having new riders join us.

Most of our rides start in the Canyon Crest Towne Center Parking lot in front of Rite Aid near Bank of America (corner of Central and Canyon Crest Drive). These rides are approximately 2 hours long through the Sycamore Canyon area. Some weekends, bicycles are transported to other locations to ride. Please call R.C. Morton at 909-784-0459 for any last minute updates. Or visit <https://www.facebook.com/groups/teamdirtywork/>

Our mountain bike group rides are held each **Saturday & Sunday** morning. These rides are for experienced beginners and intermediates to advanced dirt riders. Evening rides are held on **Tuesday and Thursday** starting at 6:00 pm. and are designed for the more advanced dirt junkie.

Lights are required for night rides!

ESSENTIALS for riding with RBC

- ◆ **CYCLING HELMETS ARE REQUIRED ON EVERY RIDE!**
- ◆ **CELL PHONE**
- ◆ **2 WATER BOTTLES OR HYDRATION PACK** and/or energy drink
- ◆ **FLAT FIXERS** (spare tubes, patch kit, tire irons and a pump or CO2)
- ◆ **RIDE FOOD** (energy bars, energy gel or snacks and some cash)
- ◆ **ID CARD AND EMERGENCY INFORMATION CARD**
- ◆ **YOU AND YOUR BIKE** (both in safe working condition)

February 2015

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 RBC & TDW morning ride	2	3 RBC & TDW evening ride	4	5 RBC & TDW evening ride	6	7 RBC & TDW morning ride & IEBA SBDO to LA
8 RBC & TDW morning ride	9	10 RBC & TDW evening ride	11	12 RBC & TDW evening ride	13	14 RBC & TDW morning ride & Palm Spring
15 RBC & TDW morning ride	16	17 RBC & TDW evening ride	18 RBC club meeting	19 RBC & TDW evening ride	20	21 RBC & TDW morning ride
22 RBC & TDW morning ride	23	24 RBC & TDW evening ride	25	26 RBC & TDW evening ride	27	28 RBC & TDW morning ride

Oct through April weekend rides start at 8:00 a.m. May-Sept 7:30 a.m. unless otherwise posted.

*** (TDW) Team Dirty Work, Mountain-bike rides from B of A, every Tuesday & Thursday evenings and Saturday & Sunday mornings. And
* (RBC) Road group rides also every Tuesday & Thursday evening from Baker's and Saturday & Sunday mornings from Downtown, see page 2*

UPCOMING EVENTS

- RBC CLUB MEETING are the 3rd Wednesday every month, 7:00 pm at D&D Airport Café, 6951 Flight Rd., Riverside, (951) 688-3337. Come early, get something to eat. Gather near the back windows. Non members are gladly welcome to our meetings!
- Special Rides announced on our web, the message board and at weekend rides.

2/7/15 IEBA, METROLINK LA RIDE SAN BERNARDINO TO LA UNION STATION see page 6

2/14/15 RBC's Beginner's / family Ride. 10AM, starts at Bonaminio Park on Palm Av near Mt. Rubidoux West parking lot.

2/14/15 [Tour de Palm Springs](#) Palm Springs, CA 100, 55, 25, 15 & 5 miles. Wear your RBC!

2/21/15 IEBA, TOUR OF THE EMERALD NECKLACE Redlands see page 6.

3/21/15 IEBA, REDLANDS STRADA ROSSA- Parte Due Mixed surface Ride see page 6

4/16/15 [25th Anniversary Subaru Sea Otter Classic](#) Monterey, CA Specialized Grand Fondo & Mnt Bike races (800) 218-8411

4/18/15 [Tour de OC](#) Costa Mesa, CA 100, 55 & 25 miles

4/18/15 [San Diego Tour de Cure](#) San Diego, CA 100, 62, 26, & 7 miles 619-234-9897 x7418

WHAT'S HAPPENING



A note from the president

This month we had our first Board of Directors meeting and I would like to thank all those who volunteered to be part of the Riverside bicycle club's board of directors. Everyone on the board of directors had the opportunity to share what it is they would like to accomplish this year with the Riverside Bicycle Club. I was impressed with the compassion each of the board members have for cyclist in Riverside and the Inland Empire. I know that with the help of the other board members we will be able to achieve the goals each one of us have for the year by working together. I know that a lot of time is taken away from our family's by volunteering and each one of us have made that commitment because of our love of cycling and the club. I hope you will have the opportunity to thank the board members for the work that they do for the club.

If there is anything that you feel passionate about that we can help with as a club please let us know.

--

John Hawksley

We are proud to announce the
NEW RIDE LEADER
for Saturday's 11-15 mph group
JOHN REECE



Saturday Morning Road Ride

We now have TWO groups every Saturday!

Fast Group; 15-18 mph to Redlands.

The New group; 11-15 mph with varied routes.

Canyon Crest Town Centre, 5225 Canyon Crest Drive
Riverside, CA 92507

See ya there!



AND

RBC has a Beginner's / family Ride Second Saturday of Every Month
10AM starts at Ryan Bonaminio Park on Palm Av near Mt. Rubidoux West parking lot.

WHAT'S HAPPENING

California Vehicle Code Section 21200(a)

“Every person riding a bicycle upon a highway has all the rights and is subject to all the provisions applicable to the driver of a vehicle...”



Unfortunately, not everyone out there has got the message and I am not just talking about the folks driving cars. At a recent Bicycle Advisory Committee meeting I attended, the fact that a number of cyclists refuse to STOP at stop signs...especially while riding down Victoria Avenue was brought up. More specifically, a warning was given by an attending Police Officer that there have been many complaints lately about this and that RPD will be monitoring this particular area very closely in the near future and that they would be issuing citations to cyclists.

Stop means Stop... Not - I don't feel like stopping so I will just roll through or It's inconvenient for me to stop so I won't or I'm in a hurry and don't have time to stop or No one is watching or the worst excuse as far as I am concerned – I don't give a hoot about anyone else's safety and I just don't want to stop and I don't care what anyone thinks... bad, bad...

Oh wait, who am I describing? The drivers of course. The drivers of both vehicles and bicycles are both at risk and at fault in this regard. And until the laws are changed to allow for cyclists to Roll By Cautiously (RBC) when it is safe to do so (with no cross traffic around) it is our responsibility as cyclists and as motorists to abide by the laws that govern our existence and help maintain our safety as well as the safety of others.

Several cities in several states have already enacted these types of laws that do allow cyclists to slow down rather than stop, so long as there is no cross traffic. However, for now that is not the case here locally and WE have been warned!!! And let's hope that this warning goes both ways and that the drivers of motorized vehicles get the same memo and are being watched and cited as well... Ride Safe and Ride Often, Especially with RBC...

Written by, Pete Staylor



WHAT'S HAPPENING



From IEBA, Face Book, 1/23/15
Inland Empire Biking Alliance

We have our Metrolink rides happening in the next few weeks and some folks were concerned about there being enough room on the trains. Apparently, folks have been unable to get their bike on board.

If you ever have issues with getting bikes on Metrolink trains, please notify us immediately with info. We have a great relationship with Metrolink and they ask us to let them know of any issues. It is important that we keep them apprised of service problems.

Also, we will be throwing support behind having bike cars on ALL trains. There has been steady growth in bikes on board and we feel it will only increase. We look forward to working with officials to make this happen!

And thanks METROLINK!



More from IEBA — Rides —

We are looking forward to an even grander year for 2015. The wheels are rolling to bring even more fantastically fun events including having another BIKE FILM FEST.

So we are starting with these 4 beautiful rides.



METROLINK OCEANSIDE RIDE RIVERSIDE TO OCEANSIDE Jan. 31, 2015 An 85 mile route south through Perris, Temecula and Fallbrook. One of the most scenic routes. Lunch at the beach then jump on the train. Register [HERE](#)

METROLINK LA RIDE SAN BERNARDINO TO LA UNION STATION Feb. 7, 2015 Journey along the foothills of the Angeles Mountains and pass by Rose Bowl and along the Arroyo Seco. Lunch can be had at historic Alvarado St. Register [HERE](#)

TOUR OF THE EMERALD NECKLACE Redlands Feb. 21, 2015 Join us for a unique ride of beauty of Redlands open space cuisine from local establishments. 30 miles to bike, drive or enjoy a bus ride. Learn more and register [HERE](#)

REDLANDS STRADA ROSSA- Parte Due Mixed surface Ride March 21, 2015 Go back in time to see some of the beauty of the IE. Part paved, part dirt. Ride your MTB or if you have the skills, road bike it. Details and sign up [HERE](#)

BIKE FILM FESTIVAL COMING IN MAY



From Mark Friis on Face Book, 1/22/15
Inland Empire Biking Alliance

Local Bike Co Ops



Every once in awhile we take the time to inform you of local co ops that operate in the IE. These are great for those of you that might need parts or a place that can teach you how to work on your bike with most of the tools needed to do so.

The Inland Empire Biking Alliance runs 3, The Redlands Bike BBQ, Loma Linda Bike Hospital and Viva la Bike (Rancho). Plus there is the Ontario Wheelhouse. All have pages on Facebook for further info. All locations accept donations of used parts, so if you have stuff you simply have no use for or better yet want to help out these non profits, send it their way.

Also, all are run by great volunteers and every so often we start to run short on them. So if any of you have some mechanical abilities or simply want to gain some, please consider helping out. It's great experience and entertaining at times.

You can message the pages themselves or just pm me. More info about IEBA can be found at www.iebike.org

TAKE THE BIKE TO THE HOSPITAL FORT COLLINS, COLO.

[http://epaper.pe.com/Olive/ODE/PressEnterprise/January 24, 2015](http://epaper.pe.com/Olive/ODE/PressEnterprise/January%2024,%202015)

Showing how much one Colorado city loves its bikes, cyclists who go to the hospital by ambulance no longer have to leave behind their rides.

Poudre Valley Hospital in Fort Collins, home of Colorado State University, has equipped all 14 of its ambulances with bike racks after encountering increasing numbers of cyclists who had bicycle accidents or medical emergencies while riding.

Some people were reluctant to leave their bikes locked up at the scene – whether because they were expensive recreation bikes or because they were the patient’s main form of transportation, Steve Main, the hospital’s emergency medical services director, said Friday. Plus, ambulance workers were spending too much time going back to unlock the bikes once patients could retrieve them.

At the suggestion of bike paramedic Rob Collett, the hospital began adding bike racks to ambulances as they came in for regular maintenance last spring and equipped them all by the end of the year. According to the Coloradoan, which first reported the installations, the hospital spent about \$5,000 to install the racks, or \$356 per ambulance.

Fort Collins is proud of its bike lanes and hosts a costumed bike parade sponsored by craft brewer New Belgium – which gives free bikes to its employees – that attracts thousands of people each year.

“It’s just a bike crazy town,” Main said.



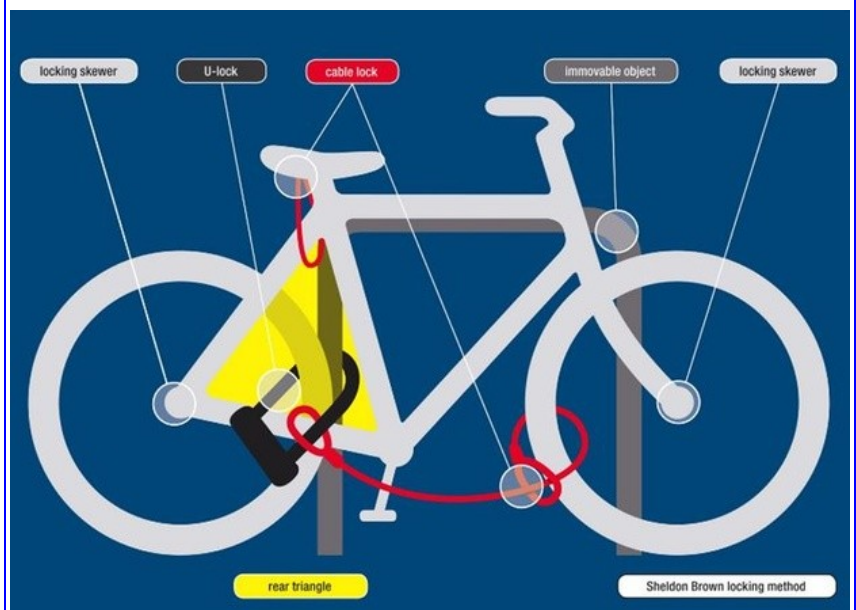
KELLY TRACER, THE ASSOCIATED PRESS
A Poudre Valley Hospital ambulance
equipped with a bike rack is shown in Fort
Collins, Colo., on Friday.

DID YOU GET A NEW BIKE FOR CHRISTMAS?

Take photos of your bike and the serial number with your cell phone, then email them to your yourself. That way, you’ll have copies in multiple places and you won’t lose or accidentally delete them.

How to lock your bike;

from, <http://www.citylab.com/navigator/2014/10/your-u-lock-is-basically-worthless-but-dont-worry/381818/>



Magnolia Ave at Buchanan - is now closed!

From Steve Adams

Dear Neighbors,

I wanted to provide you with a brief update on the Magnolia Ave closure near Buchanan Street.

Magnolia Ave at Buchanan has closed and this closure will remain until February 2016.

Contractors completed the striping changes at Buchanan/Sampson Ave, to provide a temporary all-way stop and facilitate northbound left-turns onto Sampson Ave. The stop signs include flashing beacons to bring additional awareness to the stop signs.

The westbound detour will be signed so motorists use Promenade Ave. A significant number of motorists will detour via Indiana Ave to balance the flow through this area.

We've implemented signal timing changes at Magnolia/Buchanan to minimize the impacts.

Pedestrians will be able to continue using Magnolia Ave to travel to/from Home Gardens.

RTA bus stops were relocated close to the intersection of Buchanan at Magnolia.

Your representative to the city,
Steve Adams



"I'M GUNNA TELL!"

BROCKTON AV IT IS VERY NICE

Now that Brockton Av bike lane is in, I am going to tell EVERYONE how wonderful it is to ride. The bike lane runs between Mission Inn Av & Jurupa Av and is a true joy to be on because the cars don't crowd the cyclists and all travel smoothly. Let's all ride Brockton often.

I hope you will take just one moment to let everyone know especially Mike Gardner. Thanks, and I'll see you on Brockton soon! (:

Your bike friend,
Vicki (:

City Council Ward 1 - Mike Gardner
Councilmember Gardner is proud to serve the residents of Ward 1 and urges you to contact him with comments, concerns and questions. He can be reached at 951-826-5991 (office) or 951-941-7084 (cell) or by e-mail at mgardner@riversideca.gov.

GET WELL WISHES to Jason Stajich

Jason is recovering from a Bike vs Car crash 3 weeks ago! Here is what he told me.

I was commuting to work on my road bike. Going down Brockton towards Tequesquite Ave about to cross the intersection with a green light, a driver coming opposite way making left onto Tequesquite did not see me apparently and turned in front of me, so I hit the passenger side of the car - smashed the passenger window and left a big dent - several cuts needing stitches, broken right hand and a lower vertebrate compression fracture, some leg cuts and big cut in my lip and black eye when I presumably hit the ground after being thrown in air. Not a fun commute to work!

I'm 3 weeks into healing and I expect my hand to be out of the cast in a few more weeks, and will see how my back and the whiplash heals over the next 2 months. Frustrating, slower typing of course, but I'm really relieved I didn't hit my head or that it wasn't any worse in terms of breaking more bones. Sad to miss out on riding my bike especially during beautiful winter weekends but I hope that I'll be back out there in the spring.

Underscores the importance of more driver education. So I'm glad Riverside is trying to do something about that. Re; the 3 foot law safety video shoot.

Jason

CONGRATULATIONS
to ANDREA for riding
ALL the way to the
TOP of Mc Allister!

YOU
GO
GIRL!



On this ride; Andrea, Cici, Vicki, Ken, Stirling, Brad, Leroy, and Todd

DON'T LOOK NOW,
BUT I THINK
SOMEONE IS
FOLLOWING
US!



The D's went out on the Safari ride. One hour there, THREE hours back. It was windy! On this ride; Stirling, & Vicki, Sharron, George, Jeff, Mike, and John H. Most of us finished the ride without getting blown away. (:



The B's take Tracy to Greenspot! Another, "YOU GO GIRL!" In this pic; Tracy, Marianne, Jim, Shannon, Mike, Pat, Brian, Tanya, and John G.

Bicycle Shop Discounts

One of the advantages of being a member of the Riverside Bicycle Club is the courtesy discount on parts and accessories offered at participating local area bike shops. Please show your RBC membership card when you ask for the discount.

The following is a list of participating bike shops:

AJ's Bicycles, (951) 674-6161
31861 Mission Trail, Lake Elsinore, CA
www.ajsbikes.com

B-Rad's Bike Stop, (951) 444-7353
9022 Pulsar Court, Corona, CA 92883
www.B-RadsBikeStop.com

Cyclery U.S.A., Inc. www.cycleryusa.com
10000 Magnolia, Riverside, (951) 354-8444
415 A Tennessee, Redlands, (909) 792-2444
7890 Haven Ave. Suite 9, Rancho Cucamonga, (909) 466-5444

Cyco-Path, (951) 695-4823
29760 Rancho California Rd., #107, Temecula, CA 92591
<http://cycopath.com/index.cfm>

Don's Bikes of Rialto, (909) 875-7310
384 S. Riverside Av, Rialto, CA
www.donsbikeshop.com

Neighborhood Cyclery, (951) 485-0910
12226 Heacock St. Moreno Valley, Ca 92557
www.neighborhoodcyclery.com

Norco Cyclery, (951) 808-9617
1825 Hammer Suite H. Norco, CA

Pedals Bike Shop, (951) 683-5343
3765 Jurupa Ave. # L. Riverside, CA 92506
www.pedalsbikeshop.com

White's Bikes, (951) 242-4469
23750 Alessandro Blvd. Moreno Valley
<http://www.whitesbicycles.com>

Woodcrest Bicycle Center, (951) 780-4988
16960 Van Buren Blvd. Riverside, CA

Yucaipa Bike Center, (909) 790-1551
34844 Yucaipa Blvd. Yucaipa, CA
<http://www.yucaipabikecenter.com>

2015 Board

President; John Hawksley
(909) 653-BIKE hawksley55@gmail.com

Vice President; Bob Lopez
(714) 720-9541 rplopez@sbcglobal.net

Secretary; Brad Markin
(951) 675-0852 nikram58@yahoo.com

Treasurer; Andrea Evans
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Road Ride Chair; OPEN

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Membership; Stirling Yearian
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Librarian; Vicki Yearian
(951) 943-1747 fodofixer@msn.com

Webmasters; Stirling & Vicki Yearian, fodofixer@msn.com

TDW Webmaster: Malcolm Bader, Mbader@slauson.com,

Newsletter Editor: Vicki Yearian,

Fodofixer@msn.com Deadline day after general meeting.

Bike Lanes Representative: Pete Staylor, Dadswaycool@aol.com

A Ride Leader. Lovie Cason & Jim Bartlebaugh

B Ride Leader: John Grundman

C Ride Leader: Dale Wymer

D Ride Leader: John Hawksley

E Ride Leader: Ken Mogi, cell # (951) 313 6015

Riverside Bicycle Club Affiliations

IMBA International Mountain Bike Association

LAB League of America Bicyclists

Riverside County Trails Commission

USACYCLING United States Cycling Federation

Riverside County; Mark Brewer, Park Planner, (951) 955-4316, Dan Nove, Asst Park Planner, (951) 955-6998

Riverside City; Jenna Combs, Public Utilities Rep, (951) 826-5847, General Info or issues, (951) 826-5311 or 311 app

San Bernardino County, Regional Parks Dept. Paul Krause, (909) 387-2346, (909) 384-2052 fax



Membership Application

P.O. Box 55160, Riverside, CA 92517-0160

www.riversidebicycleclub.com

Year-round
from join date!

Membership in the Riverside Bicycle Club, Inc. is open to everyone. It is a fun way to meet others who share the enjoyment of cycling. Whether you are a seasoned racer, mountain biker or recreational rider, you will find others in the club that can help you achieve your goals to ride safer, faster, further, and smarter. We have multiple rides at different paces and terrain, off road rides, monthly membership meetings, and other social events throughout the year. Your RBC membership includes the monthly newsletter, The Spoke'n Word, and discounts at local bike shops. All memberships are for one year and are renewable on the anniversary date. Your membership fee helps to underwrite the expense of club insurance and registration, administrative expense (copying & postage for the newsletter and lots of other fun events throughout the year. So we thank you for your generous support of our club.

(Please print clearly)

Name _____

Address _____

City _____ State _____ Zip _____

Email _____ Birth date ____/____/____

Your Phone (____) _____ - _____ I.C.E. phone (____) _____ - _____
Incase of emergency

For Family Memberships, please list all names and birth dates of participants below; (up to 6)

Name _____ (dob) _____

Name _____ (dob) _____

Name _____ (dob) _____

Please check all that apply;

- ☐ Yes, it's OK to share this info with the Club.
☐ No, do not share my info.
☐ Yes, I am interested in being a ride leader.

What are your biking interests?

- ☐ Road riding ☐ Single speed
☐ Mountain biking ☐ Velodrome
☐ Touring ☐ Collecting
☐ Tandem ☐ Restoring
☐ Racing ☐ Social riding

How did you hear about us?

- ☐ Bike shop
☐ Web
☐ Friend
☐ Other _____

HELMETS ARE REQUIRED ON ALL RIDES

RELEASE: With full knowledge and appreciation that bicycle riding may be a hazardous activity, I/we hereby release and hold harmless the Riverside Bicycle Club, Inc. Including prior to, during or after such activity. This release covers myself and all parties named herein, and all heirs, executors or administrators thereto, and is given in full awareness of its content and in consideration of acceptance of my/our membership. I/we also attest that I/we are physically fit and acknowledge that the Riverside Bicycle Club, Inc. recommends the wearing of an ANSI or Snell approved bicycle helmet when riding a bicycle during any club activity. I give my permission to Riverside Bicycle Club and outside media agents (newspapers, television, etc.) to take photographs, video, and otherwise document me in the activities of this club. I give permission for any photographs or video material to be used in publicity about the club and organization in or on website, promotional materials, newspaper/magazine articles, etc.

(Signature)

(Date)

(Spouse / other adult family member or legal guardian if under 18)

(Date)

DUES;

Individual.....\$30
Family.....\$40
Booster.....\$50

("Booster" is an extra donation to support the club and you will receive a notation on your membership card.)

The following options allow you to save \$5 but you must acquire the newsletter via the web.

Individual SAVER\$25
Family SAVER\$35

TOTAL ENCLOSED \$ _____

Make Check Payable to;
Riverside Bicycle Club
and mail to;

RBC Membership
P.O. Box 55160
Riverside, Ca. 92517-0160

Check answers;

- ☐ I'm a NEW member.
☐ I'm renewing.
☐ My info has changed.
☐ My info has not changed.

OFFICE USE ONLY

CK # _____ ck date _____

Date received _____

Card(s) issued _____, excel _____

RIVERSIDE BICYCLE CLUB
www.Riversidebicycleclub.com

The Riverside Bicycle Club is for all bicyclists; commuters, off-road riders, recreational riders, tourists or just plain cyclists who ride a bicycle for fun, health, or competition, and anyone who interacts with them.

Our purpose is to provide companionship, bicycle education and training, and a bit of bicycle advocacy. To do this we will:

- Provide companionship by having monthly meetings for people with a love for bicycling who want to meet people with the same interests, to share ideas, to talk about ride routes and to discuss bicycling.
- Encourage participation of people who are interested in starting to ride a bicycle.
- Have educational programs to assure that bicyclists can enjoy their riding experience to the fullest.
- Publish a monthly newsletter (12 issues/year) to inform members of club activities, rides, and general bicycling information.
- Provide weekly rides of different levels, so that everyone can share the bicycling experience
- Advocate with local, regional, state and government agencies as to the needs of bicyclists, to encourage services for the bicycling community, and for inclusion of bicycling needs in infrastructure design and development of roads that can be shared by both motor vehicles and bikes.

Recycle this newsletter!

Leave it at your barber/beauty shop, the doctor's or dentist's office, wherever you think another cyclist will read it and discover the *Riverside Bicycle Club*. Photocopy it and pass it around.

The *Spoke'n Word* is the official publication of *The Riverside Bicycle Club, Inc.* **DEADLINE TO SUBMIT** for the newsletter is 22nd of the month. We are the oldest bicycle club west of the Mississippi. RBC was founded in 1891.

The *Spoke'n Word*, the voice of and for the cyclists of Riverside and surrounding communities, is published monthly and is mailed to all current club members.

Please send articles, comments, letters to:

Vicki Yearian
Fodofixer@msn.com
Editor, Spoke'n Word
Riverside Bicycle Club
P.O. Box 55160
Riverside, CA 92517

Contributions are always welcome. Bicycle graphics, clipart, cartoons, and serious stuff are the things that make *The Spoke'n Word* special.

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Opinions of the authors do not necessarily reflect the views of the RBC, Inc.

Anonymous articles are published at the discretion of the editor.

THE SPOKE'N WORD



Riverside Bicycle Club, Inc.
P.O. Box 55160
Riverside, Ca 92517-0160

v 134 Feb. 2015



**Your membership
expiration date is
shown here**

